




restore the body
expand the mind



heavenly
BY WESTIN™ /spa



balance is restored
with a healing touch

heavenly touch All treatments and experiences from our Heavenly Spa menu offer our exclusive signature serenity welcome created only for Heavenly Spas at Westin.... a signature welcome ritual with aromatic oils, energy revitalisation and sublime massage.

my breathing slowed, my mind calmed and i was fully present in a perfect moment

heavenly glow Each of our facials extend beyond the face - 55 minute facials include hand and arm massage and 85 minute facials include hand and arm massage and a choice of a relaxing scalp or foot massage.

purity 

55 or 85 minutes AED 375 | AED 450

Natural Green clay gently exfoliates, reduces impurities and restores balance, while calming ingredients of lavender and zinc reduce any redness and sensitivity. Ideal for a combination or oily skin, the results are immediate with a fresh and glowing complexion.

hydrate

55 or 85 minutes AED 375 | AED 450

A deeply hydrating treatment for the face, neck and décolleté. Skin is restored to optimum luminosity and tone. Deeply penetrating ingredients such as honey and hibiscus are used to ensure silky, flawless skin.

smooth

55 or 85 minutes AED 375 | AED 450

Alpha therapy renews the skin through an active use of natural alpha-hydroxy acids, pure collagen and essential minerals, unveiling truly luminous skin, with an instant vitality, youthfulness and silky texture. Cell renewal is stimulated to leave exceptional moisture & light.

illuminate

55 or 85 minutes AED 375 | AED 450

Natural brightening extracts & a gentle form of Kojic acid blended with pearl powder, which is rich in mineral salts and anti-oxidants, bring light and life to all skin types. Skin tone will appear more even & hyper-pigmentation reduced.

calm

55 or 85 minutes AED 375 | AED 450

Skin resistance is assured in this amazing facial, customized to the exact needs of delicate, reactive skin or irritated skin. Skin is left strengthened & protected.

lift

85 minutes AED 450

This intensive treatment reduces expression lines and rejuvenates the skin. Skin takes on a youthful glow & an instant lifting effect achieved.

 **Heavenly Spa Signature Experiences**

reward yourself

renewal 

55 or 85 minutes AED 375 | AED 450

A vitamin rich anti-oxidant treatment providing intense moisture, calming & relief from environmental skin stress.

gentleman 

55 or 85 minutes AED 375 | AED 450

Completely customised care for men that leaves the face thoroughly cleansed, deeply hydrated and protected.

Shine Add these enhancements to any facial treatment to customise your treatment to your desires - these enhancements do not add additional time onto your service.

heavenly hands | AED 50 

Express yourself with a moisturising paraffin treatment for your hands.

heavenly feet | AED 50 

Ground yourself with a moisturising paraffin treatment for your feet.

radiate | AED 50 

An eye treatment to let your own youthful radiance shine through.

revive | AED 50 

A mini-facial for your lips. Fruit extracts visibly reduce small lines, replenish and plump the lips.



it was just a scent and yet
i was soothed and inspired

heavenly touch

heavenly massage 

55 or 85 minutes AED 420 | AED 525

A heated compress invites back muscles to relax and ease before an application of a powerful aromatherapy remedy to relax tired muscles and re-invigorate the body and mind. Relaxation comes from the harmonious balance of scent and touch.

rollerssage 

55 or 85 minutes AED 450 | AED 595

This unique treatment uses pure, perfectly rounded crystals which are heated and rolled over the body for a deeply penetrating massage that is utterly calming and completely absorbing.

the butterfly effect

85 minutes AED 595

A beautiful massage using a fantastic combination of Thai Massage, Deep Tissue, and Sports Massage. It works deep into the muscles, releasing tension and 'opening up' the body to promote unrivalled relaxation, leaving you feeling free like a Butterfly.

rain massage

55 minutes AED 450/ 85 minutes AED 595

The Rain massage is a journey. Specially formulated rain oil is applied to the body and traditional rain sticks, formed from ancient redwood trees, are heated and used to soothe tight muscles, increasing circulation and blood flow. The guest leaves with a sense of wellbeing and will be more in tune with themselves and the world around them.

arabian massage ritual

85 minutes AED 595

Inspired by the passion and poetry of the dessert, the Arabian massage ritual combines a renewing and purifying body scrub followed by a relaxing massage incorporating harmonising movements to restore body vitality and peace of mind.

thai massage

85 minutes AED 625

One of the most revered massage styles in the world with incredible health benefits. An expert therapist uses time-honoured techniques such as acupressure, the pressing of elbows and feet upon the body and vigorous stretching and pulling. Helps to unlock blockages, release tension and encourage blood flow and flexibility.

essences calm and i discover a whole self renewed

reflexology

55 minutes AED 350

This ancient massage therapy is designed to restore the whole being to balance. As the therapist presses upon various reflex points in the feet and hands, toxins are released and circulation is improved. Emerge feeling deeply rested and renewed.

rollerssage reflexology

55 minutes AED 395

Combining the unique Rollerssage massage concept within a reflexology treatment. Pure, perfectly rounded crystals are heated and rolled over the feet resulting in a deeply penetrating massage that is utterly calming and completely relaxing.

vichy shower

55 minutes AED 350

An energising water treatment combining an invigorating rain shower with a deep back, neck and shoulder massage.

heavenly touch back massage

25 minutes AED 250

A deep tension relieving massage concentrating on the back, neck and shoulders.



indian scalp massage

25 minutes AED 250

The head, neck and shoulders are areas that hold a great deal of tension. Unwind with our deeply relaxing treatment, combining stimulating yet gentle movements. Tension is soothed and you are left feeling renewed and energized.

relaxing foot massage

25 minutes AED 250

A deep foot massage working on specific pressure points which in turn relate to the zones of the body. This ancient healing technique helps to rebalance and energise the entire body.

a sanctuary is simply freedom to follow your senses

heavenly spa packages

 hope | 1 hour 55 minutes AED 745

Heavenly Massage, Heavenly Body.

 dream | 1 hour 55 minutes AED 745

Heavenly Massage, Renewal Facial.

 wish | 2 hours 55 minutes AED 1,095

Heavenly Massage, Heavenly Body,
Renewal Facial.

heavenly spa day packages All Spa Day Packages include a light Spa lunch, use of the Spa facilities and begin with a Welcome Foot Ritual.

heavenly escape for two | 3 hours 25 minutes AED 2,600 (two persons)

Indulge someone you love with a day of unsurpassed luxury and pampering at The Heavenly Spa. The Heavenly Escape for Two is the perfect gift or treat for your partner, friend or relative. For each guest: Welcome Foot Ritual, Arabian Body Scrub, 85 min Heavenly Massage, 55 min facial of your choice, Indian Scalp Massage.

heavenly escape for one | 3 hours 25 minutes AED 1,350

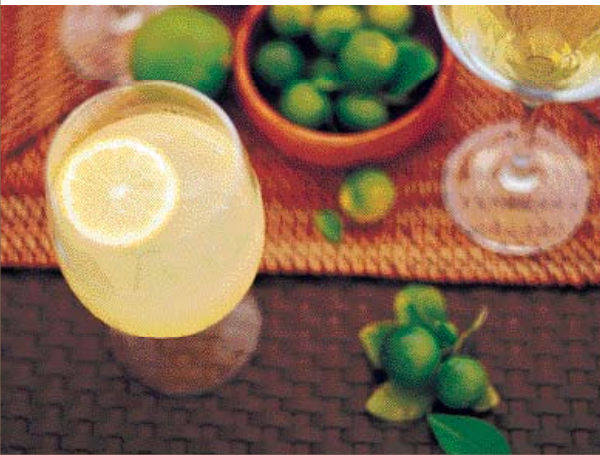
Includes: Welcome foot ritual, Arabian Body Scrub, 85min Heavenly Massage, 55 min facial of your choice, Indian Scalp Massage.

heavenly spa reviver experience | 2 hours 25 minutes AED 1,075

Includes: Welcome Foot Ritual, Renewal Body Peel, 55min Rollerssage, Body Wrap of your choice.

synthesia: the ultimate package | 3hr 55min AED 1,400 

Includes: Welcome Foot Ritual, Arabian Massage Ritual, 85 min Facial of your choice, Rollerssage Reflexology.



celestial touch

arabian body scrub 25 minutes AED 225

A luxurious blend of rich olive oil and natural exfoliants gently remove dead skin cells to reveal soft, smoother skin. An excellent preparation treatment before a body wrap or massage.

after sun soothing ritual 55 minutes AED 350

Ideal for dry and sun exposed skin. The calming blend of soothing aloe vera gel and lavender essential oil are gently applied to the body. An application of a cooling body lotion follows resulting in deeply hydrated and glowing skin.

combined scrub and wrap treatments

Wrap yourself in a world of well-being with a selection of full body treatments that include gentle skin exfoliation, immersion wraps, massage and moisturising skin protection.

monticelli mud wrap 55 minutes AED 375

A rich and creamy algae mud, with added pure essential oils and plant extracts is blended with thermal spring waters from Monticelli Terme in Northern Italy. When applied warm to the body it will relieve sore muscles and swollen joints. It also helps to detoxify the body and restore energy.

music elevates and massages heal
to make the body whole



each of my senses was engaged and the effect was enlivening

detoxifying mud therapy

55 minutes AED 375

A deeply purifying treatment using a combination of fucus, algae, marine mud and essential oils to stimulate the lymphatic system and fully enhance the body's natural balance to encourage detoxification.

nourishing body cocoon

55 minutes AED 375

Vegetal active ingredients provide a perfect tone, elasticity, anti-oxidant effect and moisture balance to the skin.

heavenly body

55 minutes AED 375

The skin is reborn with this innovative treatment.

Extraordinary effects are achieved with the use of kamari oil, walnut extract, orange and juniper. Skin elasticity and firmness are achieved.

essential care for hands and feet

All treatments include a complimentary mini nail polish for you to take away.

heavenly spa manicure

55 minutes AED 175

The ultimate deluxe treatment for your hands, nails and cuticles. This intense, nourishing spa manicure will deeply hydrate and restore your skin to a more youthful appearance. An application of moisturising paraffin wax is applied, providing an injection of moisture and vitality to the skin. Our classic manicure procedure is followed by an essential oil and vitamin infused hand and arm massage. Finally an application of polish is skillfully applied to finish your treatment.

heavenly spa pedicure

55 minutes AED 195

A deluxe pedicure created to transport you into a relaxed state of being. Moisturising paraffin wax is applied to the feet to nourish and soothe dry, cracked heels and give a dose of moisture to the nails and cuticles. We will then proceed with a full spa pedicure treatment, culminating in a relaxing foot and leg massage and an application of polish.

embrace wellness

shape and polish | 25 minutes AED 80

heavenly hands & feet 
25mins AED 100

An application of nourishing aromatherapy oils are followed by a warm coating of paraffin to soothe and soften the skin, whilst a therapist massages your temples and your escape is complete.

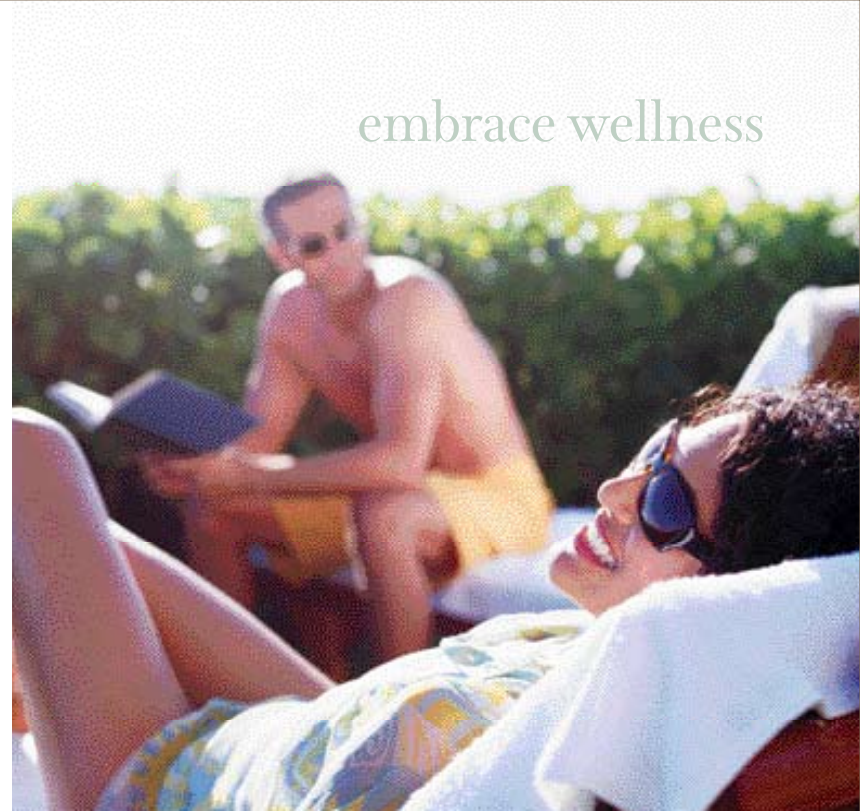
Finishing Touches

sun soul tanning ritual
55 minutes AED 350

The safe way to tan. This treatment includes a light exfoliation before an application of fake tanning lotion is evenly applied. Skin is left with a beautiful golden glow.

tint and shape

Eyelash Tint	25 minutes	AED 65
Eyebrow Tint	10 minutes	AED 50
Eyelash and Brow Tint	25 minutes	AED 95
Eyebrow Shape	15 minutes	AED 50



waxing

Full Leg and Bikini	55 minutes	AED 210
Half Leg	25 minutes	AED 110
Bikini	10minutes	AED 80
Full arm & Underarm	55 minutes	AED 150
Underarm	10 minutes	AED 75
Upper lip	10 minutes	AED 50



how to receive the full benefits of a heavenly spa by westin treatment

reservations

Schedule your appointments in advance to ensure your preferred treatment or therapist is available. Bookings made day of service and walk-in appointments are always welcome, based upon availability. All reservations must be secured with a major credit card and telephone number.

cancellation policy

24-hours notice is required for changes or cancellations. Arriving late for a service may require us to shorten the length of your treatment, with full charges applied.

take time

Give yourself plenty of time to enjoy the steam, sauna or jacuzzi prior to your services. This will relax and warm the muscles, which will aid in the therapeutic benefits of all your treatments and services. We suggest arriving 30-60 minutes prior to your first service. Respect yourself and others by turning off communication devices prior to entering the spa, locker rooms, fitness and treatment areas.

the westin dubai mina seyahi beach resort & marina
tel +971 4 399 41 41, westin.com/dubaiminaseyahi
spa direct line: +971 4 5117901, e-mail: heavenlyspa.dubai@westin.com

shower

A quick shower just before your massage or treatment is relaxing and washes off any salts, minerals or chemicals that could clog pores when mixed with oils or other treatment products. Your therapist will collect you from the relaxation area.

treatment attire

It is usually customary to wear just your robe to your service. You will be given the opportunity to disrobe and cover yourself in privacy. Throughout your services, your body will be draped with linens. No time during your treatment will you be fully exposed.

communication

Prior to the start of your service, tell your therapist the areas you would like to focus on, and any areas to be avoided. During your service, let the therapist know if you feel any discomfort. Communication is the key to getting full benefit from your Heavenly Spa by Westin experience.

let go

Close your eyes. Allow your mind to be free. Breathe deeply. Let the tension slip away with each breath. Remember, this time is your time.





gratuities

Gratuities should reflect your level of satisfaction with our services and your personal providers; therefore all gratuities are left solely at your discretion. 15% is typical and our staff can assist you with guidelines.

gift certificates

Give the gift of priceless serenity and stress relief to someone you care about. A delightful way to introduce someone to the benefits of spa services, Heavenly Spa by Westin gift certificates are perfect for any occasion and are available for individual treatments, spa packages or predetermined denominations.

Heavenly Spa by Westin accessories

A tempting array of personal and distinctive gift accessories await you when you take a captivating stroll through the spa. Take your spa experience home with a selection of distinctive items such as body products and unique gifts.

additional thoughts

Guests of Heavenly Spa by Westin must be at least 16 years of age for the use of the locker rooms, fitness facilities and spa treatments.

Valuables must be stored in your room or the locker provided for you at the time of your service. The Westin hotel and Heavenly Spa by Westin are not responsible for lost, stolen or misplaced items.

All spa treatments and fitness facility prices are subject to change without notification. Our spa receptionists will assist you with any pricing inquiries you may have at the time of your reservation.

life coaching

first session AED 480 | additional session AED 400

Life coaching is the perfect antidote to stress, imbalance and confusion. Take some time out and experience what it feels like to get back clarity and control of your life. Life coach Jane Storey has extensive experience in listening to and helping people sort out their lives. She will help you clarify your priorities and make plans to enjoy the life you dreamed of.....

(Advance booking is required for this service, please ask for further details at the Spa Reception)



embody peace

the westin dubai mina seyahi beach resort & marina
po box 24883, dubai, united arab emirates
tel +971 4 399 41 41, westin.com/dubaiminaseyahi
spa direct: +971 4 5117901, heavenlyspa.dubai@westin.com

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